

October 2025

WELLMAN UNION CAFE

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Waffles Sausage or Breakfast- Parfait	2 Breakfast- Combo or Breakfast Bread Yogurt	3 Donut Sausage or Muffin Yogurt
6	7 French Toast Sausage or Breakfast Strudel Cheese Stick	8 Biscuit Gravy Scrambled Eggs Bacon or Muffin Yogurt	9 Pancake Wrap Yogurt or Breakfast Bread Yogurt	10 Chessy Toast Sausage or Cereal Variety Toast
13	14 Biscuit --n- Sausage or Breakfast Bread Yogurt	15 Breakfast- Pizza or Muffin Yogurt	16 Sunrise- Sandwich or Breakfast Crackers Cheese Stick	17 Breakfast -- Burrito or Cereal Variety Toast
20	21 Cheese Omelet Toast or Breakfast Strudel Cheese Stick	22 Morning Griddle- Sandwich or Cereal Variety Toast	23 Breakfast- Pizza or Breakfast Bread Yogurt	24 Dutch Waffle Sausage or Breakfast Round Yogurt
27	28 Early Bird- Sandwich or Breakfast Crackers Cheese Stick	29 Waffles Sausage or Breakfast- Parfait	30 Stuffed Bagel or Breakfast Bread Yogurt	31 Oatmeal Cinnamon Toast or Cereal Variety Toast



Announcements

White, Chocolate, and
Strawberry Milk Served Daily

Fresh Fruit and Juice Served
Daily

* Menu is Subject to Change



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 06/20/25

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WELLMAN UNION CAFE



Announcements

White Milk Served Daily
(Pre-K)

White, Chocolate, and
Strawberry Milk Served
Daily (K-12)

 Fresh Fruit and Juice
Served Daily (HS)

* Menu is Subject to
Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Frito Pie Pinto Beans Tomato Cup Fresh Apple Slices Brownie (K-12) Graham Crackers PreK	2 Cheesy Breadsticks Broccoli- Marinara Sauce Seasonal Fresh Fruit	3 Boneless Chicken- Wings / Chips Celery Carrots Mixed Fruit Sherbet
6	7 Cheeseburger- Macaroni / Roll Carrots / Grapes Savory Green Beans Brownie (K-12) Animal Crackers(PreK)	8 Nacho Grande Salsa Beans Cucumbers Apricots Ice Cream Cup	9 Breaded Pork Chop Gravy Broccoli Corn Rolls Orange Smiles	10 Cheeseburger Oven Fries Tomato Cup Fruit Cup
13	14 Hot Dog Oven Fries Tomato Cup Fruit Cup	15 Pizza Garden Salad California Blend- Vegetables Peaches	16 Chicken Fajitas Spanish Rice (HS) Pinto Beans Carrots / Salsa Hot Cinnamon Apples Sherbet	17 Country Fried Steak Gravy / Roll Mashed Potatoes Savory Green Beans Strawberries/Cookies(K-12) Animal Crackers (PreK)
20	21 X-treme Burrito Corn Cucumbers Rosy Applesauce Cookies (K-12) Teddy Grahams PreK	22 Chicken Nuggets Mac & Cheese Carrots Squash Grapes	23 Pizza Pockets Sweet Potatoes Broccoli Pears	24 Meat and Cheese- Chalupas /Salsa Spanish Rice (HS) Refried Beans Garden Salad /Pudding Orange Smiles
27	28 Steak Finger Gravy Roll Corn Savory Green Beans Peaches	29 Ham and Cheese- Melt / Baked Beans Tomato Cup Fresh Apple Slices Cookies (K-12) Graham Crackers PreK	30 Lasagna Breadsticks Broccoli Tomato Cup Grapes	31 Burritos Celery Carrots Mixed Fruit Frozen Yogurt Cup



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